

## A. Karakteristik Responden

### Statistics

		Jenis Kelamin	Umur	Pendidikan	Status Perkawinan
N	Valid	45	45	45	45
	Missing	0	0	0	0

### Jenis Kelamin

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Laki-laki	28	62.2	62.2	62.2
	Perempuan	17	37.8	37.8	100.0
	Total	45	100.0	100.0	

### Umur

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	15	1	2.2	2.2	2.2
	17	3	6.7	6.7	8.9
	18	1	2.2	2.2	11.1
	21	1	2.2	2.2	13.3
	22	1	2.2	2.2	15.6
	23	1	2.2	2.2	17.8
	25	1	2.2	2.2	20.0
	27	1	2.2	2.2	22.2
	28	2	4.4	4.4	26.7
	29	2	4.4	4.4	31.1
	30	5	11.1	11.1	42.2
	31	2	4.4	4.4	46.7
	32	1	2.2	2.2	48.9
	33	2	4.4	4.4	53.3
	34	1	2.2	2.2	55.6
	35	2	4.4	4.4	60.0
	36	1	2.2	2.2	62.2
	39	1	2.2	2.2	64.4
	41	2	4.4	4.4	68.9
	43	1	2.2	2.2	71.1
	48	2	4.4	4.4	75.6
	50	2	4.4	4.4	80.0
	51	2	4.4	4.4	84.4
	53	2	4.4	4.4	88.9
	54	2	4.4	4.4	93.3
	55	1	2.2	2.2	95.6
	56	1	2.2	2.2	97.8
59	1	2.2	2.2	100.0	
Total	45	100.0	100.0		

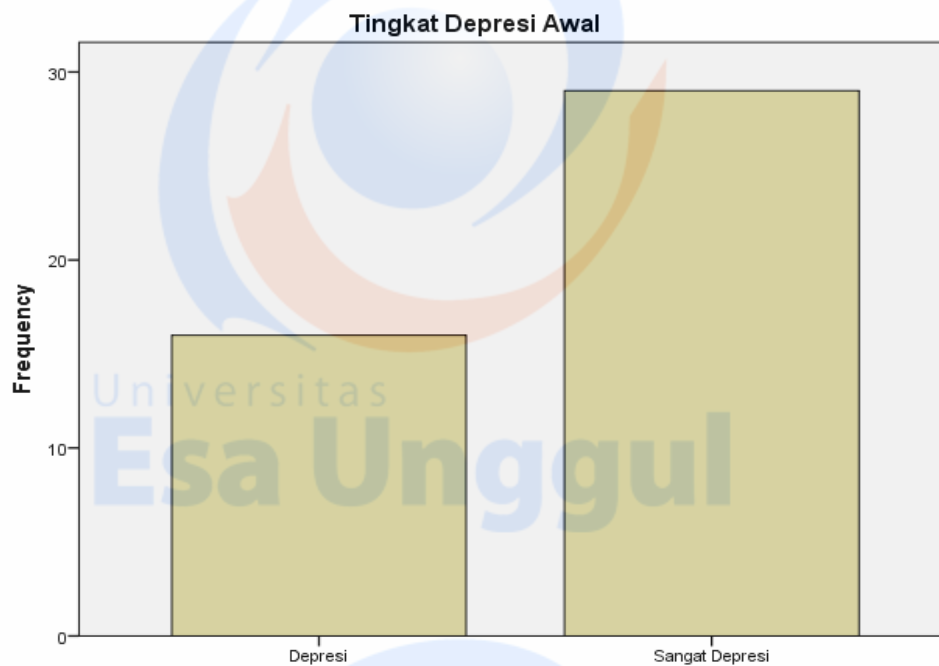
### Pendidikan

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	SD	10	22.2	22.2	22.2
	SMP	23	51.1	51.1	73.3
	SMA+	12	26.7	26.7	100.0
	Total	45	100.0	100.0	

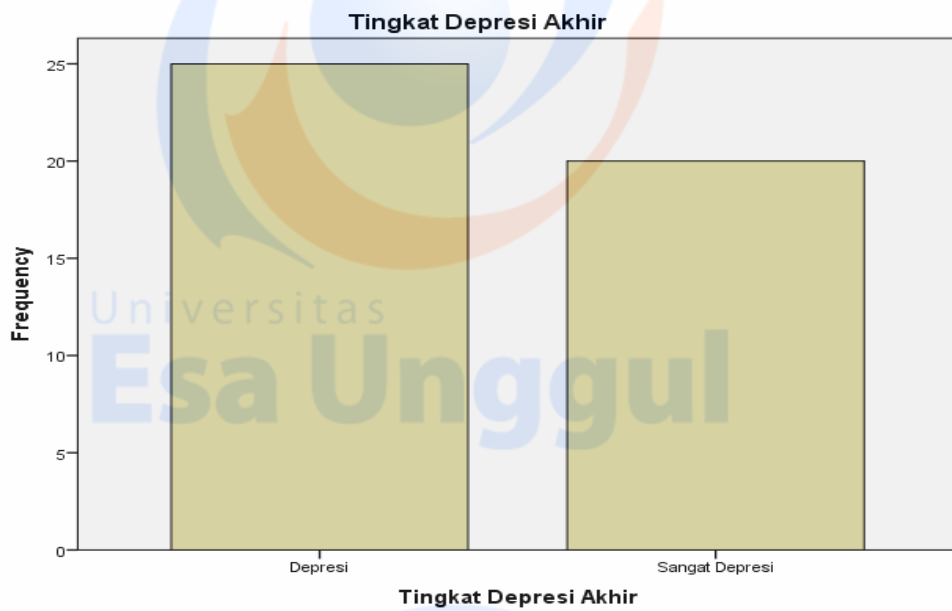
Status Perkawinan					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Menikah	21	46.7	46.7	46.7
	Belum Menikah	24	53.3	53.3	100.0
	Total	45	100.0	100.0	

## B. Univariat

Tingkat Depresi Awal					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Depresi	16	35.6	35.6	35.6
	Sangat Depresi	29	64.4	64.4	100.0
	Total	45	100.0	100.0	



Tingkat Depresi Akhir					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Depresi	25	55.6	55.6	55.6
	Sangat Depresi	20	44.4	44.4	100.0
	Total	45	100.0	100.0	

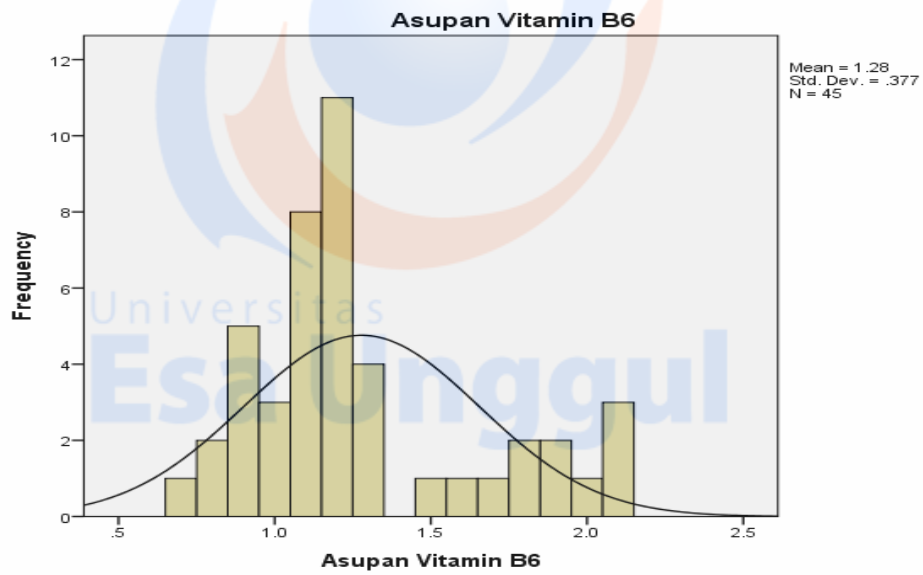


**Statistics**

		Asupan Vitamin B6	Asupan Vitamin B9	Asupan Vitamin B12	Asupan Omega-3
N	Valid	45	45	45	45
	Missing	0	0	0	0

**Asupan Vitamin B6**

	Frequency	Percent	Valid Percent	Cumulative Percent
.7	1	2.2	2.2	2.2
.8	2	4.4	4.4	6.7
.9	5	11.1	11.1	17.8
1.0	3	6.7	6.7	24.4
1.1	8	17.8	17.8	42.2
1.2	11	24.4	24.4	66.7
1.3	4	8.9	8.9	75.6
Valid 1.5	1	2.2	2.2	77.8
1.6	1	2.2	2.2	80.0
1.7	1	2.2	2.2	82.2
1.8	2	4.4	4.4	86.7
1.9	2	4.4	4.4	91.1
2.0	1	2.2	2.2	93.3
2.1	3	6.7	6.7	100.0
Total	45	100.0	100.0	

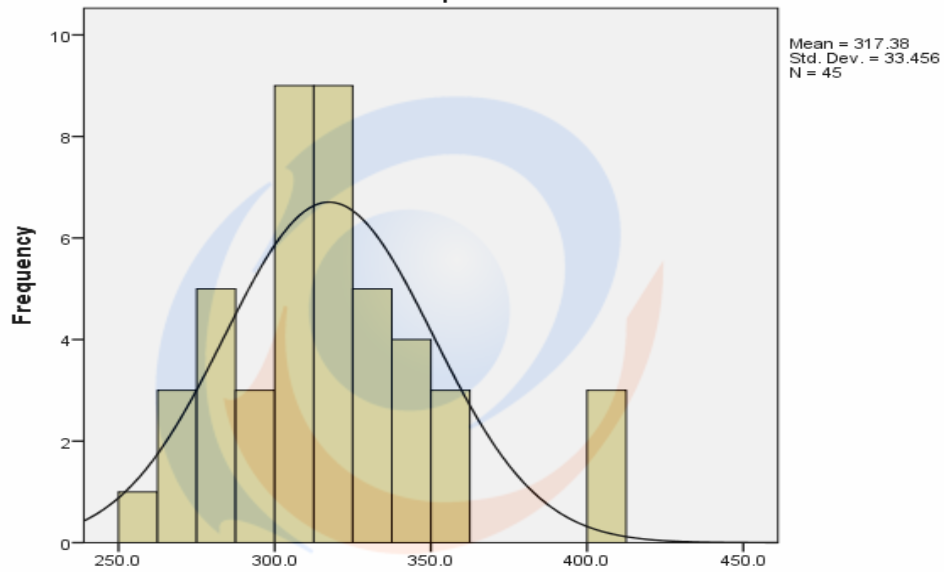


**Asupan Vitamin B9**

	Frequency	Percent	Valid Percent	Cumulative Percent
258.9	1	2.2	2.2	2.2
263.9	1	2.2	2.2	4.4
268.5	1	2.2	2.2	6.7
274.0	1	2.2	2.2	8.9
278.8	1	2.2	2.2	11.1
278.9	1	2.2	2.2	13.3
281.5	1	2.2	2.2	15.6
283.0	1	2.2	2.2	17.8
284.4	1	2.2	2.2	20.0
297.6	1	2.2	2.2	22.2
297.7	1	2.2	2.2	24.4
298.9	1	2.2	2.2	26.7
301.6	1	2.2	2.2	28.9
302.8	1	2.2	2.2	31.1
302.9	1	2.2	2.2	33.3
304.8	1	2.2	2.2	35.6
307.3	1	2.2	2.2	37.8
310.0	1	2.2	2.2	40.0
310.3	1	2.2	2.2	42.2
310.6	1	2.2	2.2	44.4
312.3	1	2.2	2.2	46.7
314.2	1	2.2	2.2	48.9
316.4	1	2.2	2.2	51.1
316.7	1	2.2	2.2	53.3
317.9	1	2.2	2.2	55.6
318.3	1	2.2	2.2	57.8
320.5	1	2.2	2.2	60.0
321.0	1	2.2	2.2	62.2
322.1	1	2.2	2.2	64.4
322.4	1	2.2	2.2	66.7
326.5	1	2.2	2.2	68.9
328.0	1	2.2	2.2	71.1

328.1	1	2.2	2.2	73.3
330.2	1	2.2	2.2	75.6
334.2	1	2.2	2.2	77.8
337.6	1	2.2	2.2	80.0
337.8	1	2.2	2.2	82.2
338.9	1	2.2	2.2	84.4
341.1	1	2.2	2.2	86.7
354.7	1	2.2	2.2	88.9
354.9	1	2.2	2.2	91.1
358.7	1	2.2	2.2	93.3
402.1	1	2.2	2.2	95.6
404.6	1	2.2	2.2	97.8
406.6	1	2.2	2.2	100.0
Total	45	100.0	100.0	

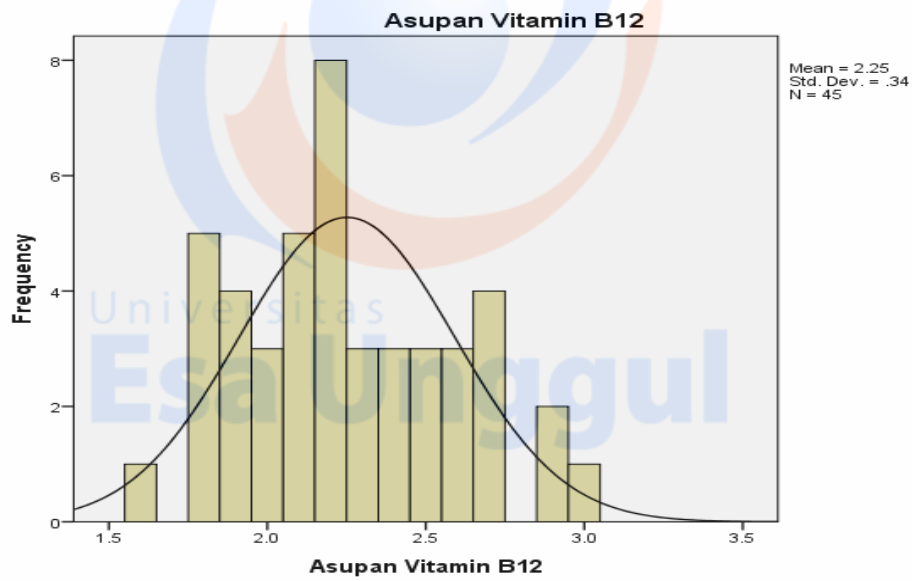
**Asupan Vitamin B9**



**Asupan Vitamin B9**

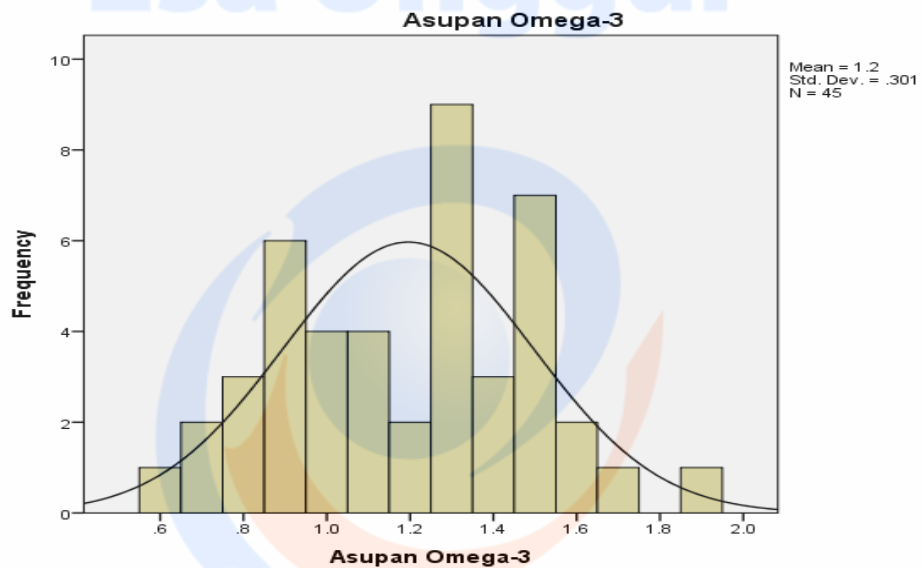
**Asupan Vitamin B12**

	Frequency	Percent	Valid Percent	Cumulative Percent
1.6	1	2.2	2.2	2.2
1.8	5	11.1	11.1	13.3
1.9	4	8.9	8.9	22.2
2.0	3	6.7	6.7	28.9
2.1	5	11.1	11.1	40.0
2.2	8	17.8	17.8	57.8
2.3	3	6.7	6.7	64.4
2.4	3	6.7	6.7	71.1
2.5	3	6.7	6.7	77.8
2.6	3	6.7	6.7	84.4
2.7	4	8.9	8.9	93.3
2.9	2	4.4	4.4	97.8
3.0	1	2.2	2.2	100.0
Total	45	100.0	100.0	



### Asupan Omega-3

	Frequency	Percent	Valid Percent	Cumulative Percent
.6	1	2.2	2.2	2.2
.7	2	4.4	4.4	6.7
.8	3	6.7	6.7	13.3
.9	6	13.3	13.3	26.7
1.0	4	8.9	8.9	35.6
1.1	4	8.9	8.9	44.4
Valid 1.2	2	4.4	4.4	48.9
1.3	9	20.0	20.0	68.9
1.4	3	6.7	6.7	75.6
1.5	7	15.6	15.6	91.1
1.6	2	4.4	4.4	95.6
1.7	1	2.2	2.2	97.8
1.9	1	2.2	2.2	100.0
Total	45	100.0	100.0	



### C. Bivariat

#### Perubahan Tingkat Depresi Pasien Skizofrenia

Tingkat Depresi	Sebelum	Sesudah	Tidak Berubah	Berubah
Sangat Depresi	29	25	20	0
Depresi	16	20	16	9
Total (n)	45	45	45	

$$\chi^2 = \frac{((A - D) - 1)^2}{A + D}$$

$$\chi^2 = \frac{(10)^2}{29}$$

$$\chi^2 = 3.448$$

$$d.f = (b-1)(k-1) = (2-1)(2-1) = 1$$

$$\alpha = 5\% (0.05) = 3.841$$

$$\alpha = 10\% (0.1) = 2.705$$

16
29

## Chi-Square

### Asupan Vitamin B6 \* Perubahan Tingkat Depresi

#### Crosstab

Count		Perubahan Tingkat Depresi		Total
		Tidak Berubah	Berubah	
Asupan Vitamin B6	Tidak Cukup	25	7	32
	Cukup	11	2	13
Total		36	9	45

#### Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	.243 <sup>a</sup>	1	.622		
Continuity Correction <sup>b</sup>	.007	1	.934		
Likelihood Ratio	.253	1	.615		
Fisher's Exact Test				1.000	.482
Linear-by-Linear Association	.238	1	.626		
N of Valid Cases	45				

#### Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Asupan Vitamin B6 (Tidak Cukup / Cukup)	.649	.116	3.641
For cohort Perubahan Tingkat Depresi = Tidak Berubah	.923	.687	1.241
For cohort Perubahan Tingkat Depresi = Berubah	1.422	.339	5.960
N of Valid Cases	45		



## Asupan Vitamin B9 \* Perubahan Tingkat Depresi

### Crosstab

Count

		Perubahan Tingkat Depresi		Total
		Tidak Berubah	Berubah	
Asupan Vitamin B9	Tidak Cukup	33	8	41
	Cukup	3	1	4
Total		36	9	45

### Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	.069 <sup>a</sup>	1	.793		
Continuity Correction <sup>b</sup>	.000	1	1.000		
Likelihood Ratio	.065	1	.798		
Fisher's Exact Test				1.000	.605
Linear-by-Linear Association	.067	1	.796		
N of Valid Cases	45				

### Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Asupan Vitamin B9 (Tidak Cukup / Cukup)	1.375	.126	15.026
For cohort Perubahan Tingkat Depresi = Tidak Berubah	1.073	.598	1.927
For cohort Perubahan Tingkat Depresi = Berubah	.780	.128	4.758
N of Valid Cases	45		

## Asupan Vitamin B12 \* Perubahan Tingkat Depresi

### Crosstab

Count

		Perubahan Tingkat Depresi		Total
		Tidak Berubah	Berubah	
Asupan Vitamin B12	Tidak Cukup	23	5	28
	Cukup	13	4	17
Total		36	9	45

### Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	.213 <sup>a</sup>	1	.645		
Continuity Correction <sup>b</sup>	.006	1	.939		
Likelihood Ratio	.210	1	.647		
Fisher's Exact Test				.711	.462
Linear-by-Linear Association	.208	1	.648		
N of Valid Cases	45				

### Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Asupan Vitamin B12 (Tidak Cukup / Cukup)	1.415	.322	6.219
For cohort Perubahan Tingkat Depresi = Tidak Berubah	1.074	.784	1.472
For cohort Perubahan Tingkat Depresi = Berubah	.759	.236	2.442
N of Valid Cases	45		

## Asupan Omega-3 \* Perubahan Tingkat Depresi

### Crosstab

Count

		Perubahan Tingkat Depresi		Total
		Tidak Berubah	Berubah	
Asupan Omega-3	Tidak Cukup	31	6	37
	Cukup	5	3	8
Total		36	9	45

### Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	1.862 <sup>a</sup>	1	.172		
Continuity Correction <sup>b</sup>	.770	1	.380		
Likelihood Ratio	1.652	1	.199		
Fisher's Exact Test				.326	.186
Linear-by-Linear Association	1.821	1	.177		
N of Valid Cases	45				

### Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Asupan Omega-3 (Tidak Cukup / Cukup)	3.100	.579	16.586
For cohort Perubahan Tingkat Depresi = Tidak Berubah	1.341	.769	2.336
For cohort Perubahan Tingkat Depresi = Berubah	.432	.136	1.374
N of Valid Cases	45		

